

## Keynote Francine Shapiro EMDR: Theory, Research, and Practice

2009 marks the 20th year since the seminal study on EMDR was published, in the *Journal of Traumatic Stress*. Over that time, EMDR has evolved from a simple desensitization technique for the treatment of trauma to a distinct psychotherapy approach guided by the Adaptive Information Processing model. This presentation will explore a wide range of research and clinical observations to help establish a useful foundation for future studies and comprehensive clinical applications.



**Francine Shapiro, Ph.D.**, the originator and developer of EMDR, is a Senior Research Fellow at the Mental Research Institute, Palo Alto, California and President Emeritus of the EMDR Humanitarian Assistance Programs, a non-profit organization that coordinates disaster response and pro bono trainings worldwide. She is a recipient of the International Sigmund Freud Award for distinguished contribution to psychotherapy, of the City of Vienna, and the Distinguished Scientific Achievement in Psychology Award, presented by the California Psychological Association. She has served as advisor to a wide variety of trauma treatment and outreach organizations and journals and has been an invited speaker on EMDR at numerous major international psychology conferences.