

Keynote Deborah Korn

EMDR and the Treatment of Adult Survivors of Childhood Abuse and Neglect

Dr. Korn will begin by examining the impact of early abuse and neglect on the development, functioning, and identity of the individual. General treatment concepts, incorporating the growing body of literature on attachment, ego state work, affect regulation, and phase-oriented approaches, will be introduced and applied within an EMDR treatment framework. Dr. Korn will then examine the ways in which EMDR can be utilized to promote the development of a secure, coherent sense of self. Protocol adaptations and cognitive interweaves to address feelings and beliefs associated with invisibility, powerlessness, and core badness will be highlighted. The role of EMDR Resource Development and Installation (RDI), dyadic regulation, and the modulation of hyper- and hypo-arousal during all phases of EMDR work will be addressed. Videotape segments from actual EMDR sessions will be used to highlight how key treatment concepts guide the moment to moment interactions between client and therapist in EMDR trauma processing.



Deborah L. Korn, Psy.D. has been an EMDR facilitator and instructor with the EMDR Institute for the past 15 years. She resides in the Boston area where she maintains a private practice and serves as a faculty member at the Trauma Center at Justice Resource Institute. She is a co-investigator in an NIMH-funded study of EMDR vs. Prozac in the treatment of PTSD with Bessel van der Kolk and lead author on the article “Preliminary Evidence of Efficacy for EMDR Resource Development and Installation in the Stabilization Phase of Treatment of Complex Posttraumatic Stress Disorder”, in the *Journal of Clinical Psychology*. Dr. Korn is an EMDRIA-approved consultant in EMDR and a past board member of the New England Society for the Treatment of Trauma and Dissociation. She is a member of the EMDRIA Clinical Advisory Board and on the Editorial Board of the *Journal of EMDR Practice and Research*. She presents and consults internationally on the treatment of adult survivors of childhood abuse and neglect and other EMDR-related topics. She has been a regular presenter at the EMDR International Association Conference and was invited to present EMDRIA’s first “EMDR Masters Series”.